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# Voice quality analysis from a phonetic perspective: Voice Profile Analysis Scheme Profile for Brazilian Portuguese (BP-VPAS)

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### **Abstract**

The present study aims at presenting the instructional material developed in the Brazilian Portuguese context to apply the Voice Profile Analysis Scheme-VPAS (PB-VPAS) for the perceptual evaluation of voice quality and at reporting preliminary data analyzed from a group of nine judges who attended a workshop on VPAS. The adaptation of the VPAS into Brazilian Portuguese was accomplished and the corpus to be used in the training of judges was built up. Furthermore, the voice quality database necessary for the application of the protocol was recorded, evaluated by two expert subjects and integrated into the instructive material of the BP-VPAS. Preliminary data from nine judges (linguists and speech therapists) who attended a PB-VPAS workshop using the material described (in 2 stages: before and after a 20-hour workshop on VPAS) are presented. The relevance of the application of PB-VPAS to the analysis of voice disorders and expressiveness uses of voice quality is pointed out.

# 1. Introduction

The present study aims at presenting the instructional material developed in the Brazilian Portuguese context to apply the Voice Profile Analysis Scheme-VPAS (Figure 1) for the perceptual evaluation of linguistic, paralinguistic and extralinguistic uses of voice quality settings such as marking utterance boundaries, conveying attitudes and emotions and indicating physical and pathological conditions. Preliminary data on the analysis of two evaluation tasks performed by a group of nine judges who attended a workshop on VPAS are also presented.

The phonetically-grounded investigation of voice quality has advanced recently as regards close inspection of its production and perception mechanisms, in a continuum which encompasses from the investigation of correlations between sound and meaning, in the field of speech expressivity, to those caused by disturbances in the system of production and perception of sounds in the field of dysphonia[2-5].

The adoption of theoretical models allows the deviation from the classically assumed dichotomy between normality and voice disorder. Voice quality under a phonetic perspective shows us the possibility to approach its study from a basic notion: the plasticity of the vocal apparatus.

The Vocal Profile Analysis Scheme- VPAS profile[1;6-8], which is based on a phonetically grounded description of voice quality[9], is the result of the continuous work of a team of researchers from Queen Margareth University College (QMUC- Edinburgh). In the history of this long-standing project, they kept the tendency of a clear and user-friendly presentation of the profile, with all the components rated in accordance with the neutral setting.

The application of the *Voice Profile Analysis Scheme* (VPAS) in the Brazilian context led a group of researchers at LIAAC- PUCSP (Integrated Acoustic Analysis and Cognition Laboratory of the Catholic University of São Paulo) to systematize and improve the material aimed at instructional purposes. Experience in applying the model emerged in the following processes: investigating linguistic, paralinguistic and extralinguistic uses of vocal quality; investigating acoustic and physiological (eletroglottography, laryngoestroboscopy and videokimography) correlates of settings of voice quality[10-11]; structuring a voice quality database; introducing the model in workshops and answering questions posed by learners about voice data collection procedures and application procedures in these workshops.

The phonetic description of voice quality model[10] analyzes voice quality in terms of an analytic unit: the setting, from now on defined as long-term muscular tendency. The possible voice quality settings include those of phonatory (basically defined in terms of vocal folds modes of vibration), vocal tract (supralaryngeal or articulatory) and tension (laryngeal and vocal tract) dimensions. The aforementioned group of settings is defined as variations from the reference condition (neutral setting) in which: the vocal folds mode of vibration is balanced (both in terms of adduction forces and longitudinal tension) without audible whispering or other noises.; the supralaryngeal vocal tract cavities are not characterized by any degree of constriction or expansion; the total distance between vocal cords and lips is kept intermediate without shortening or lengthening effects, and finally laryngeal and supralaryngeal tension is moderate[6-8].

The adoption of the neutral setting as reference can be considered a landmark in the investigation of voice qualities since it does not introduce a rupture between normality and voice disorder.

This paper introduces the version of the phonetically-grounded protocol for the evaluation of vocal qualities [1] adapted to the Brazilian context (PB-VPAS) and presents instructional material on how to collect data for the purpose of describing vocal quality.

# 2. Methodological procedures

## 2.1. Instructional workshop material and corpus design

The adaptation of the VPAS to the Brazilian Portuguese context (Figure 2) followed a comprehensive theoretical critical review of the bases of the model profile [1; 6-9]. The version presented in this paper derives from the 2002 [10] and 2007 (Figure 1) versions of the profile [1].

In adapting the originally English design for BP applications, we introduced some modifications, considering more recent advances in speech science research related to

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studies on the physiology and speech signal research [5;10;12-13]. The main changes introduced in the adaptation of the protocol to Brazilian reality concerned the phonatory (laryngeal) settings related to air escape and laryngeal irregularity.

The building of the corpus to be recorded and retrieved in the voice data took into account the principle of susceptibility proposed by Laver[9] and made use of the key speech segments as proposed by Mackenzie-Beck[8].

Audio and video recordings of a group of 14 speakers without voice complaints concerning speech production or perception were collected in studio conditions at the Radio Laboratory facilities at PUCSP, so that most of the settings described in the phonetically-grounded evaluation protocol were included. As the VPAS poses that the same setting, depending on the degree, can be thought as normal or deviant, the recordings of voice qualities to constitute the database for the training were intended to illustrate the variety of voice quality settings and not differences between normal and deviant voice qualities.

A head-set microphone was placed at 10cm distance from the speakers' mouth. Speech signals were monitored by means of the Soundforge software. Intensity calibration procedures were introduced. A 1 kHz, 80 dB tone (measured with a Radio-Shack Digital-Display sound-level meter) was played in an acoustic amplifier, at a 10cm distance from the microphone. Following the capture and recording of this tone the sound board was configured according to the speaker-specific monitoring features [14].

Two recordings of pharyngeal constriction contrasting pharyngeal expansion settings can be listened from the audio files pharyngeal\_constriction\_setting.wav and pharyngeal\_expansion\_setting.wav.

# 2.2. Preliminary report on the analysis of voice quality evaluation tasks

The recorded material was evaluated by two experts in the use of the protocol (one linguist and one speech therapist). It comprised a great variety of voice quality settings representing those most commonly found in normal conditions, such as lip spreading, modal voice and creaky voice and in pathological conditions, such as harsh voice, hyperfunction and nasal air escape. The recordings which presented the most representative examples of the settings were included in the instructive material meant to be applied to the training of judges in the use of the adapted voice analysis protocol, the BP-VPAS.

A nine-judge group, composed by speech therapists and linguists was trained to apply BP-VPAS. The aforementioned instructional material was applied at a five session twenty-hour workshop.

At the first session (Stage 1), judges did not have any experience in using the VPAS. At the beginning of the first session of the workshop they were requested to listen individually (by headphones) and judge a corpus of 20 samples of settings of voice quality produced by 11 speakers available in the database (each student had a computer to perform the activity). They were requested to fill a printed version of BP-VPAS (Figure 2).

Most of BP-VPAS settings were included in the recording. Some samples were presented twice (or three times) so that intra-judge agreement scores in performing voice quality analysis could be evaluated.

At the last session of the workshop (Stage 2), they judged the same samples presented in the first session so that their level of ratings of voice quality could be compared. The

same application procedures were used in the first and last sessions. The results were compared to those of the experts in order to elaborate the confusion matrices. The total number of judgments varied in function of the occurrence or co-occurrence of specific settings in the samples.

# 3. Results and Discussion

#### 3.1. Instructional workshop material and corpus design

The VPAS in its 2007 version and the BP-VPAS are presented in Figures 1 and 2 respectively.

The sentences that integrate the corpus built up to evaluate vocal qualities in Brazilian Portuguese are presented in Figure 3. The key segments chosen for the sake of making identification of settings easier according to the principle of susceptibility are underlined [9]. The group of settings potentially best identified by the sentence is also referred to. Although some speech segments are repeated in the sentences of the corpus, the sentences are easy to pronounce as demonstrated by production tasks carried out by speakers of diverse sociolinguistic backgrounds. These sentences are not tongue twisters.

		TPASS		SEC	OND					
	Neutral	Non-	SETTING		ma	dera	ate		extre	me
		neutral			1	2	3	4	5	6
A. VOCAL TRACT FEATURE	S		•					_		
			Lip							
1.Labial			rounding/pr	otrusion						
			Lip spreadir						П	
			Labiodental							
			Minimised r	ange						
			Extensive ra	ende	$\vdash$	_	_	$\vdash$	-	
		1	Close jaw	,-	$\vdash$	_			_	
2. Mandibular			Open jaw				-		-	
			Protruded ja	a W			-		-	
		_	Extensive r	ande	$\vdash$		-		_	
			Minimised r	ange		_	-		_	
3.Lingual tip/blade	<b>†</b>	Advanced tip/blade Retracted tip/blade		-		<b>†</b>				
			Retracted ti	p/blade	$\Box$	_	-		<u> </u>	
4. Lingual body			Fronted ton	que body	$\vdash$	_			_	
Lyuu. Douy			Backed ton		_	-		_		
			Raised tong	ue hody		_	-		_	
			Lowered to	aue body		_			_	
			Extensive ra				-		-	
			Minimised r	ange	П					
5.Pharyngeal			Pharyngeal							
			constriction							
			Pharyngeal							
6.Yelopharyngeal			Audible nas	al escape						
			Nasal							
			Denasal							
7. Larynx height			Raised Lary							
			Lowered La	rynx						
B. OVERALL MUSCULAR T	ENSION									
8. Vocal tract tension			Tense voca							
9. Laryngeal tension			Tense laryn	X						
			Lax larynx							
C. PHONATION FEATURES								_		
	SETTING		Pres			- 5	cala		gree	
			Neutral	Non- neutral		dera 2			жbе	me 6
10. Voicing type	Voice			neutrai	1	_	3	4	5	0
10. Forcing type	voice									
	Falsetto									
	Creak									
	Creaky									
11. Laryngeal trication	Whisper									
	Whispery				Ш					
12.Laryngeal irregularity	Harsh									
	Trem or									

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		Neutral	SETTING	m	oder	ate	e	dre	me
		redual		1	2	3	4	5	6
D. PROSODIC FEATURI	S		•			_			_
	Mean		High						Т
13.Pitch			Low						T
	Range		Minimised range	+	$\vdash$		$\vdash$	$\vdash$	$^{+}$
			Extensive range	+	$\vdash$			$\vdash$	t
	Variability		High	$\neg$					T
			Low	$\neg$				-	T
	Mean		High	$\neg$					Ť
4. Loudness			Low	$\neg$					t
	Range		Extensive range	$\neg$			$\overline{}$		Ť
	'		Minimised range	$\neg$			$\overline{}$		t
	Variability		High	$\neg$					Ť
	Range Variability		Low	$\neg$					Ť
E. TEMPORAL ORGANIA	ZATION					_		_	_
15. Continuity			Interrupted						Τ
16. Rate			Fast	+	+	$\vdash$	$\vdash$	$\vdash$	+
			Slow	$\neg$	1		$\vdash$	T	T
F. OTHER FEATURES									_
17. Respiratory suppo	rt		Adequate						Т
			Inadequate	$\neg$					T
18. Dyplophonia			Absent	$\neg$					T
			Present						T

Figure	1.	Vocal	Profile	Analysis Scheme	-VPAS(2007)
rigure	1:	vocai	Frome	Anaivsis scheme	- VEAS (2007)

QUALIDADE YOCAL	PRIMEIR	A PASSADA		SEGUNDS	PA:	SS AI	A			
	Neutra	Não	AJUSTE			dera			etre	
		neutra			1	2	3	4	5	6
A. ELEMENTOS DO TRATO	WOCAL		I A = 4 = = 4 = 1	menta/prat	_					_
1.Labial			rusão							
			Estirament							Г
			La Diade nta							Г
			Extensão d	iminuída						Γ
			Extensão a	umentada	$\overline{}$		-	$\overline{}$	Т	T
			Mandibula	[ec¤ada						T
2. Mandibular			Mandibula	a Devila			-			T
			Mandibula	protra da			-			T
			Extensão d	im in uida						Т
			Extensão a	umentada						T
3.Lingual			Avançada				-			T
ponta/làmina			Recuada					-		t
4. Corpo de lingua			Avançada							Т
			Recuada							Т
			Elevado				-	-	-	H
			Abaixado					-		t
			Extensão d	iminuida						t
			Extensão a	umentada			-	-	-	H
5.Faringe			Constrição							T
•			Expansão							t
6.Velofaringe			Escape nasal audivel					-		H
			Nasal				-			T
			Denasal			T	-	-	-	H
7. Altura de laringe			Elevada		-		-	-	-	H
<b>-</b>			Abaixada				-	-	-	Н
B. TENSÃO MUSCULAR	GERAL									_
8. Tensão do trato vocal			Hiperfungā							Γ
9. Tensão laringea			Hiperfunção		-	$\vdash$	-	$\vdash$	$\vdash$	⊢
si rensus iumgeu			Hipafunção		-	$\vdash$	$\vdash$	-	$\vdash$	⊢
C. ELEMENTOS FONATÓRIA	ne .		in-paragao					_	_	L
L. LELPIEN I DO PUNATURO	AJUSTE		Pres	e nte		Gra	us d	6 60	دا دے	-
			Neutro	Não	Me		ida		etre	
				Neutra			3			
10. Mede de fenação	Voz Hodal									
	Falsece									
	Creatiáno									
	Voz creak	ance (creaky								Ī
11. Friccão laringea	Escape de					_	ш		_	_
II. FIKÇAG GINGEA	Voz s oprod									r
12.3rregu lar klade	Voz Aspek					$\vdash$	$\vdash$	$\vdash$		Н
taringea		-		I	1		1			ı

Ocorrências em curto termo ()quebras () instabilidades () diplofonia () tremor Para ajustes de ocorrência intermitente assinalar (i)

DINÂMICA VOCAL		Neutro	AJUSTE	Me	der	ado	Ex	rtrei	no
DIAMITON TOONE				1	2	3	4	5	6
D. ELEMENTOS PROSO	DICOS				_	_			_
	Médio		Elevado	Т	Т	П		П	Г
13.Pitch			Abaixado						Г
	Extensão		Extensão diminuida	+	H	$\vdash$		H	H
			Extensão aumentada	+	$\vdash$	$\vdash$		$\vdash$	H
	Variabilidade		Alta	+	T		$\vdash$	$\vdash$	H
			Abaixada	$\top$	T	T		T	T
	Médio		Aumentado	T					Т
14. Loudness			Diminuido	$\top$	$\top$				Г
	Extensão		Extensão diminuida	T					Т
			Extensão aumentada	$\top$	T				Т
	Yariabidade		Alta	T					Т
			Baixa						Г
15. Tempo			•						_
Continuidade			Interrom pida						Γ
Taxa de elocução			Rápida	T	t	$\vdash$		H	H
			Lenta		Т				Г
16.OUTROS ELEMENTO	os								_
Suporte respiratório			Adequado	Т					Г
			Inadequado						Г
			Presente	$\top$				Т	Г

Figure 2: Brazilian Portuguese version of Vocal Profile

Analysis Scheme – PR-VPAS (2007)

	Analysis Scheme - PB-VPAS (20	07)									
General	O objeto de estudo da Fonética é essa comp	lexa, variável e poderosa									
evaluation of	face sonora da linguagem: a fala.										
voice quality	Na cidade de São Paulo a contribuição que	cada grupo étnico ou									
	regional deu à cidade é vista em cada esqui	regional deu à cidade é vista em cada esquina. Italianos, japoneses,									
	irabes, judeus, portugueses, coreanos e pessoas de todo o país										
	ajudaram e muito a construir esta metrópole. São Paulo é hoje uma										
	metrópole cosmopolita um lugar onde todos se sentem em casa.										
	A Roberta gosta muito de comprar livros de fotos de pássaros. Ela										
	também costuma ir ao jardim zoológico para ver suas aves										
	preferidas: a arara, a garça, o sabiá, o periquito, o tico-tico, a										
	coruja e o tucano.										
Specific settings	Key-sentences	Key-segments									
Phonatory and	A Lara guarda figuras de pássaros em	low central and mid-									
lingual body	uma caixa e suas preferidas são a da	high vowels									
settings	arara, da patativa, da garça, do canário e do sabiá amarelo										
		11.1.0									
	Liliane diverte-se imitando os trinidos do	high front vowels									
	periquito, do bicudo, do bem-te-vi e do tico-tico.										
	1100 11001	1:11 1 1									
	O garoto tirou muitas fotografias do tucano, da coruja, do pombo e do jaburu.	high back vowels									
Labial, lingual	Soube que a Casa dos Bispos é visitada	Oral, posterior and									
(tip, blade and	por turistas todos os dias e que o roteiro	mid-high and high									
body) and	de visita dura cerca de duas horas para	vowels									
velopharyngeal	ser percorrido	Alveolar fricative									
(nasal and	ser percerrate	consonants									
audible nasal	Detesto ir à casa dele, pois fica do outro	Alveolar fricative									
escape)	lado da cidade e o acesso é difícil.	consonants									
.1/											
lingual (tip, blade	Não mencionei anteriormente, mas minha	Nasal vowels									
and body) and	mãe morou muitos anos em Santos,	Alveolar fricative									
velopharyngeal	numa mansão à beira mar.	consonants									
(denasal)											

**Figure 3:** Corpus designed to evaluate vocal qualities in Brazilian Portuguese - PB-VPAS

# 3.2. Preliminary report on the analysis of voice quality evaluation tasks

Preliminary analysis of data obtained in the first and last training session showed that judges were able to identify phonatory and vocal tract settings better at the last session, specially the first group. For the sake of space, the confusion matrices related to supralaryngeal settings displays only lips, tongue (tip and body), pharynx and nasal cavity settings in Figures 4 and 5, respectively to Stages 1 and 2. The phonatory settings were represented by a group of long-term adjustments, including vertical position of the larynx, displayed in Figures 6 and 7.

	LR	Spr	LTA	LTRe	FTB	BTB	PCon	PExp
LR	6	0	0	0	0	2	0	6
(N=18)								
Spr	0	4	0	1	1	1	0	0
(N=18)								

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LTA (N=18)	1	2	3	1	3	0	1	1
LTRe (N=09)	0	1	0	0	0	0	3	0
FTB (N=18)	1	2	3	0	4	3	1	0
BTB (N=09)	0	1	0	0	0	1	1	1
Pcon (N=18)	0	4	0	1	1	1	4	1
PExp (N=27)	4	0	2	3	3	1	5	4

Legend: LR: Lip Rounding; Spr: Lip Spreading; LTA: Lingual tip advanced; LTRe: Lingual tip retracted; FTB: Fronted tongue body; BTB: Backed tongue body; PCon: Pharyngeal constriction; PExp: Pharyngeal expansion

Figure 4: Confusion matrix of vocal tract settings (lips, tongue and pharynx) related to voice quality judgment in Stage 1

LR	LR 7	Spr 0	LTA 0	LTRe 0	FTB 1	BTB 0	PCon 0	PExp 4
(N=18) Spr (N=18)	1	3	0	0	0	0	0	0
LTA (N=18)	1	0	6	0	0	0	0	1
LTRe (N=09)	1	0	0	1	0	0	0	0
FTB (N=18)	0	1	3	1	1	1	1	1
BTB (N=09)	0	1	0	0	0	0	1	0
PCon (N=18)	1	3	0	0	0	0	3	2
PExp (N=27)	1	0	0	0	0	0	4	0

Legend: LR: Lip Rounding; Spr: Lip Spreading; LTA; Lingual tip advanced; LTRe: Lingual tip retracted; FTB: fronted tongue body; BTB: Backed tongue body; PCon: Pharyngeal constriction; PExp: Pharyngeal expansion

Figure 5: Confusion matrix of vocal tract settings (lips, tongue and pharynx) related to voice quality judgment in Stage 2

RLar (N=18)	RLar 3	LLar 0	LHip 1	LHyp 0	Mod 4	Cvoi 0	BVoi 1
LLar (N=18)	0	5	1	0	5	0	1
LHip (N=18)	0	3	0	0	4	0	4
LHyp (N=18)	2	3	0	0	10	1	3
Mod (N=09)	1	2	0	0	6	0	0
Cvoi (N=27)	0	0	1	1	7	2	3
BVoi (N=18)	0	5	1	0	5	0	1

Legend: RLar: Raised larynx; LLar: Lowered larynx; LHip Laryngeal hipofunction; Lhyp: Laryngeal hyperfunction; Mod: Modal Voice; CVoi: Creaky Voice; BVoi: Breathy voice

**Figure 6:** Confusion matrix of vocal tract (larynx,) and some laryngeal (pnonatory) settings related to voice quality judgment in Stage 1

Ü	RLar	LLar	LHip	LHyp	Mod	Cvoi	BVoi
RLar (N=18)	2	0	0	2	0	0	3
LLar (N=18)	1	5	4	0	7	0	0
LHip (N=18)	2	0	7	0	7	0	3
LHyp (N=18)	3	0	0	5	12	3	0
Mod (N=09)	0	1	1	0	6	2	0

Cvoi (N=27)	0	3	9	2	7	3	6
(N=27) BVoi (N=18)	0	0	0	0	7	0	4

**Legend:** RLar: Raised larynx; LLar: Lowered larynx; LHip: Laryngeal hipofunction; Lhyp: Laryngeal hyperfunction; Mod: Modal Voice; CVoi: Creaky Voice; BVoi: Breathy voice

**Figure 7:** Confusion matrix of vocal tract (larynx) and some laryngeal (pnonatory) settings related to voice quality judgment in Stage 2

Trainees had better results at the last session, but still had difficulties in evaluating specific settings such as BTB (backed tongue body) and PExp (pharyngeal expansion). As the terminology of supralaryngeal settings is based on segmental phonetic description, linguists were found to have a better performance than speech therapists who were used to evaluating voice qualities in clinical settings with labels restricted to laryngeal activity. Otherwise, speech therapists did better in evaluating laryngeal settings. The functional aspects of laryngeal activity (especially the vibratory pattern of vocal folds) are much emphasized on speech therapy studies. That could explain the higher agreement between speech therapists and experts' labeling of laryngeal settings. Another difficulty faced by the trainees was labelling complex settings. As settings co-occur, they tended to describe only the setting they judged more salient and failed in pointing out related settings such as hyperfunction associated to raised larynx. Some additional strategies for the identification of the settings could be introduced in an extension of the course to improve trainees' performance.

#### 4. Conclusions

The adaptation of the VPAS into Brazilian Portuguese was accomplished and the corpus to be used in the training of judges was built up. Furthermore, the voice quality database necessary for the application of the protocol was recorded, evaluated by expert subjects and integrated into an instructive material. The material was used to train judges and their performance was evaluated. Preliminary data on the analysis of the judges' performance indicate their progress in evaluating settings of voice quality.

As future perspective, the implementation of a continuous numeric scale of settings instead of scalar degrees (from 0 to 6) and a longer period of training are intended.

The relevance of the application of the protocol to the analysis of voice disorders and expressive uses of voice quality may be appreciated considering its usefulness for investigating compensatory mechanisms used by individuals in cases of voice disorders and its suitability for describing the combination of laryngeal and vocal tract settings used to express attitudes and emotion as well as to consider uses of sound symbolism and sound metaphors.

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